

an initiative of Hamilton Community Foundation

Fall 2014 Update

Our Fall Program

Join us for the following W4C educational events. Each provides an opportunity to learn more about a key issue affecting the lives of women and girls in Hamilton and develop a deeper understanding of what is needed to make transformative changes.

More information about the educational sessions is available on our website at

hamiltoncommunityfoundation.ca/w4c

Date	Торіс	Location
Tues, Oct. 14 7-8:30pm	"How might we make the future brighter for Hamilton, its children and their parents?" Join HCF Board of Directors for a presentation and discussion with Dr. Michael Hayes, Director and Professor, School of Public Health and Social Policy, University of Victoria, BC.	Liuna Station (lower level) 360 James Street North
Wed, Nov. 5 7-8:30pm	"Aging with Spirit", Dr. Ellen Ryan. What does this mean and how do we create the conditions and prepare for this?	Home of Susan Goodman - 112 Amelia Street
Tues, Dec. 9 7-8:30pm	"Paths to Poverty and Out", with guest speakers from Speak Now Hamilton.	Perkins Centre, 1429 Main Street East

Please RSVP no later than a week in advance of each event by emailing Rose at

r.taylor-weale@hamiltoncommunityfoundation.ca

As well, let us know if there is a potential W4C contributor you would like to bring as a guest.

Mark your calendars!

Join us for W4C's annual fall breakfast

Celebrating Women's Philanthropy

Wednesday, Nov. 19, 2014 7:30-9:30am Liuna Station

Guest Speaker: Sheherazade Hirji, CEO Canadian Women's Foundation

More details to come.

Impact

Following discussion by W4C contributors at the May 14 gathering, a \$5,000 grant was made to support the Fit, Active, Beautiful (FAB) program. This will enable the program to expand from middle school into high schools for the first time. To learn more about FAB, visit <u>fitactivebeautiful.ca</u>.

In addition, it was agreed that the remaining \$18,000 available to grant this year from the W4C Fund will be held for granting later in the year in order to determine our ongoing support for the Girls ONLY program, as well as exploring some new opportunities taking shape in Hamilton.

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